



*80 East River Rd
Rumson, NJ 07760*

**Rumson Rec
Learn to Row
Swim Test**

Name: _____

- Swim 50 yds (any style) without stopping
- Tread water for 10 minutes

Passed the Rumson Rec swim test on _____ at (circle one):

- The Red Bank Community YMCA
- Neptune Aquatics Center
- Other: _____ *

Lifeguard: _____

Print name

Signature

ture

*Certification # (if non-YMCA/Neptune Aquatics
Center)